

## Plattsmouth Select Baseball Program

The Plattsmouth baseball program is committed to providing opportunities for all youth of all ages and abilities. This includes fostering a love of the game, athletics, and sport in general. The organization is committed to educating the whole child in athletics, including sportsmanship, fairness, athleticism, and leadership.

Part of this commitment to each player is finding a place for each child that will encourage growth in all areas of athleticism that is consistent with their physical abilities and maturity. The association is committed to providing an opportunity for all players to grow, gain confidence, and be successful.

The " select" team is a combination of talent and commitment to a higher level of play. This includes more practice, more games, and more travel. The player' s expectation for each other and the team is much higher. Participating as a select player is a privilege and it is very competitive. The players will compete against each other for playing time throughout the season.

Time. Consider the commitment of time that will be required, both yours and your child' s. Select teams require total parent participation. Ask yourself and your family whether you can handle the fatigue that constant weekend travel, late weekday nights and the extra demands on your time. If you are considering participating on the select team, be prepared to make a time commitment equal to or more demanding than that required by a serious parttime job.

Cost. Consider the cost! The base fee for select team participation will be approximately $\$ 300$, not including travel and food at the tournaments. Weigh that total cost versus the value of the experience and training. The more participation costs the more you should expect the program and coaches to deliver. Ask whether it might make more sense (and cost fewer cents) for your child to continue playing on the regular baseball team but supplement his training with private instruction.

Players. Who plays select baseball? The select team is a collection of local players who want to play at a higher level of competition. The team is by invitation of the head coach based on player abilities and team need.

Team size. The team will be limited to no more than 12 players.
Commitment. Select teams require commitment and sacrifice. The team, the coaches, and the community have expectations for participation in practices, tournaments and games. The team should be a priority. Practices, conditioning, and game participation is mandatory. This is a significant commitment of the player AND the family that should be considered before accepting an invitation to participate.

Too much, too soon. Safeguard your child' s health. Most youth players have no concept of the physical stamina and conditioning that is required to play at a very high level. A 30 game summer schedule, practices, and conditioning is both mentally and physically fatiguing. Weigh the player and family commitment to the team. There needs to be down time and play time for " kids to be kids" .

## Plattsmouth Select Baseball - Team Selection Criteria

The select team participation is by invitation of the Head Coach. Selection criteria is based on players physical abilities, attitude, sportsmanship, athleticism, and team needs.

The main tryouts will be held directly following the regular season. The primary roster and any alternates will be selected. Selecting the players for the team is a process that requires careful consideration of talent, potential and intangible characteristics. Expect the process to take 7 to 10 days after the last tryout..

The " Select" team will play comparable teams in the Omaha metro, and state wide areas. Weekend road trips may be planned to other areas in the region. This regular schedule will be supplemented with a minimum of 2 weekend tournaments throughout the summer and the league championship tournament.

Conditioning. The select team will be required to participate in fall/winter conditioning activities. This includes clinics, camps, pitching and hitting practices, etc. Families committing to the select team should be prepared to participate in weekly workouts during the offseason.

Schedules. Regular season games are played on weeknights during the season. Tournaments are typically Friday, Saturday, and Sunday.

Fees. Select team invitations will require a $50 \$$ non-refundable deposit to hold the spot on the team. The final cost for the team participation is based on tournament participation. The estimated base cost for select team is the deposit plus $\$ 250$. Additional fees may apply if additional tournaments are scheduled. (this fee is an estimated cost. The fees may be reduced with fund raising efforts).

The Select Fee includes a team jersey, ball cap, and socks. Travel and accommodations are not included in the team fees.

